

# Friend or Foe? Empathy Across Demographics and Children's Perceptions of In-group and Out-group Members



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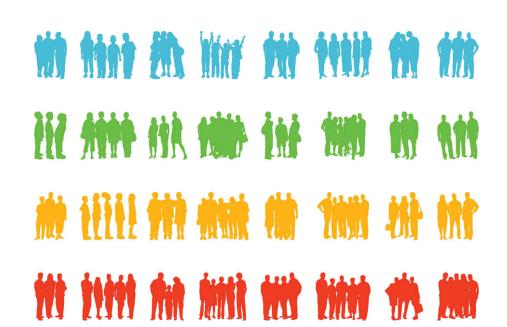
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### Introduction

In today's multicultural, globalized world, it is more important than ever before to be able to interact favorably with those who are different from ourselves.

- Children's ability to feel empathy is one of the most salient indicators of their ability to engage in prosocial behavior<sup>(1)</sup>
- Empathy aids in the formation of healthy relationships, increases helping behavior, and persuades children to have favorable attitudes toward others.
- Children operate through a lens of essentialism, an early cognitive bias that promotes categorization<sup>(4)</sup>
  - Essentialist thought promotes group biases and may mediate how, when, or if children show empathy to those different from themselves
- Preschool children (ages 3-6) make generalizations about how groups constrain social behavior<sup>(2,6)</sup>
  - They predict between-group harm and within-group helping behavior
- Children distribute fewer resources to out-group members and choose to play with those who have similar preferences or physical appearances<sup>(3,7)</sup>
- Perspective taking and living in diverse communities can minimize group bias, but only in adults<sup>(5,8)</sup>

# How do we promote more favorable interactions between different groups?





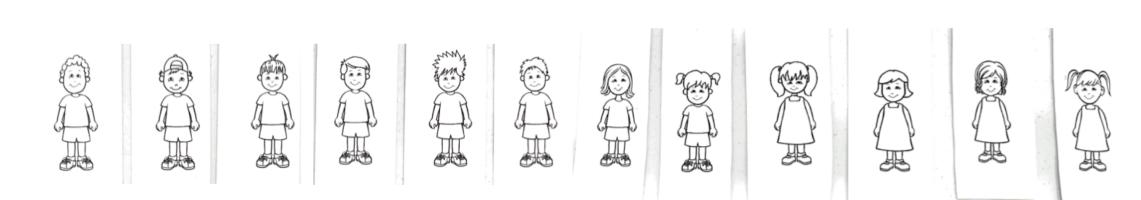
# Research Questions

Can emphasizing similarities with out-group members override group bias?

Even though children tend to be biased against members of an "out-group," are they still able to show empathy toward out-group members if they know they are sad?

How do cooperation and competition influence group bias and empathy?

## Method



#### Baseline + Similarity + **No Competition No Competition** Baseline + Similarity + Competition Competition







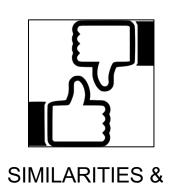




#### Condition manipulations

Measures of Interest







team is chosen

during eraser task



across four trials

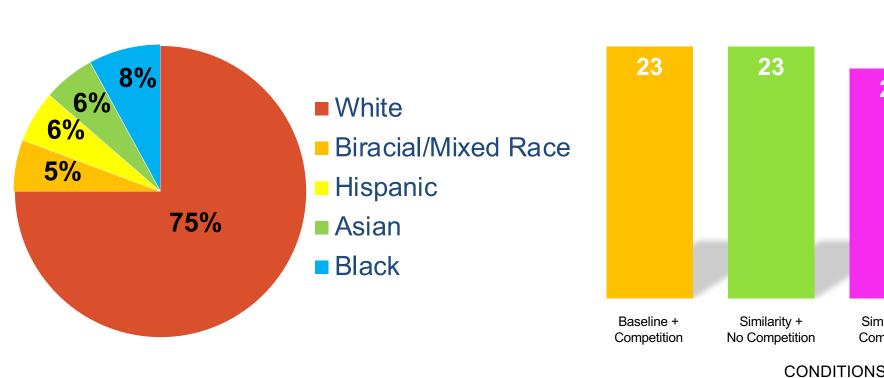


member chosen in

IGD vs OGS trial

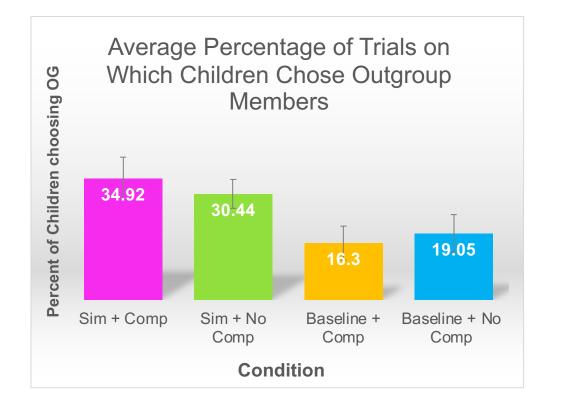
**Participants** 

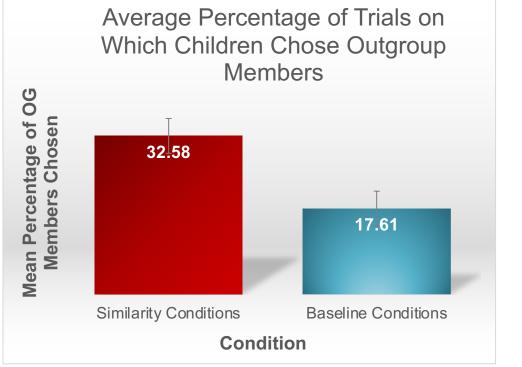
88 children; 53% girls, 47% boys

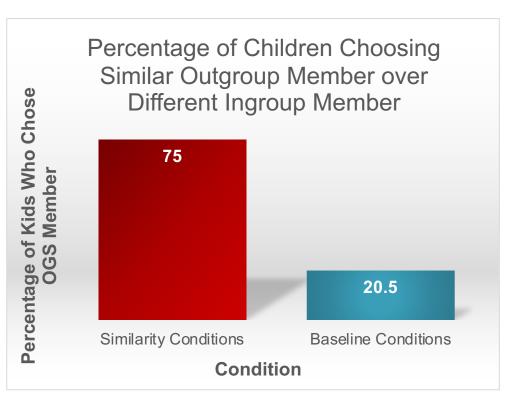


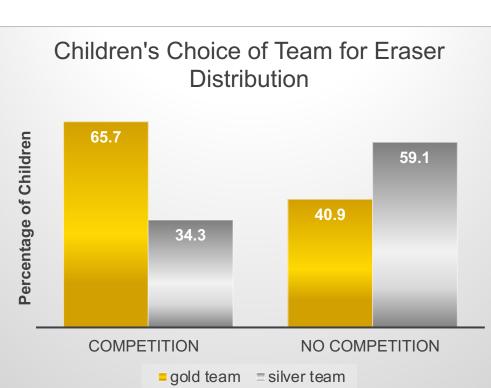
### Results

- Children in the Similarity conditions chose out-group members more than children in the Baseline conditions did
- More children in the No-competition conditions vs the Competition conditions chose to distribute resources to the out-group after learning they were sad
- Older children were more likely to give resources to the out-group than younger children
- Girls were more likely than boys to choose to play with out-group members









### Discussion

- With no information about individuals, children chose in-group members over out-group members. When children learned about similarities with out-group members, they chose them more often.
- Effects of similarity appeared to override effects of group-belonging.
- Similar preferences seem to influence liking more strongly than physical appearance
- Competition seems to inhibit or minimize empathetic response
- Emphasizing similarity and minimizing competition may be valuable tools for effectively promoting positive interactions between different children and building empathy across demographics.

# References

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