

Evidence for Context-Sensitive Adjustments in Cognitive Flexibility



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BACKGROUND

- Neither “cognitive flexibility” nor “cognitive stability” are inherently beneficial. Adaptive behavior requires the ability to adjust cognitive flexibility according to environmental demand.



- How we make these adjustments, and under what circumstances, is not completely understood

Existing Research

- Previous study¹ found that switch cost *decreases* when the proportion of switch trials in a task *increases*
- Only when participants do not have enough time to prepare for upcoming task based on cue (short CSI)

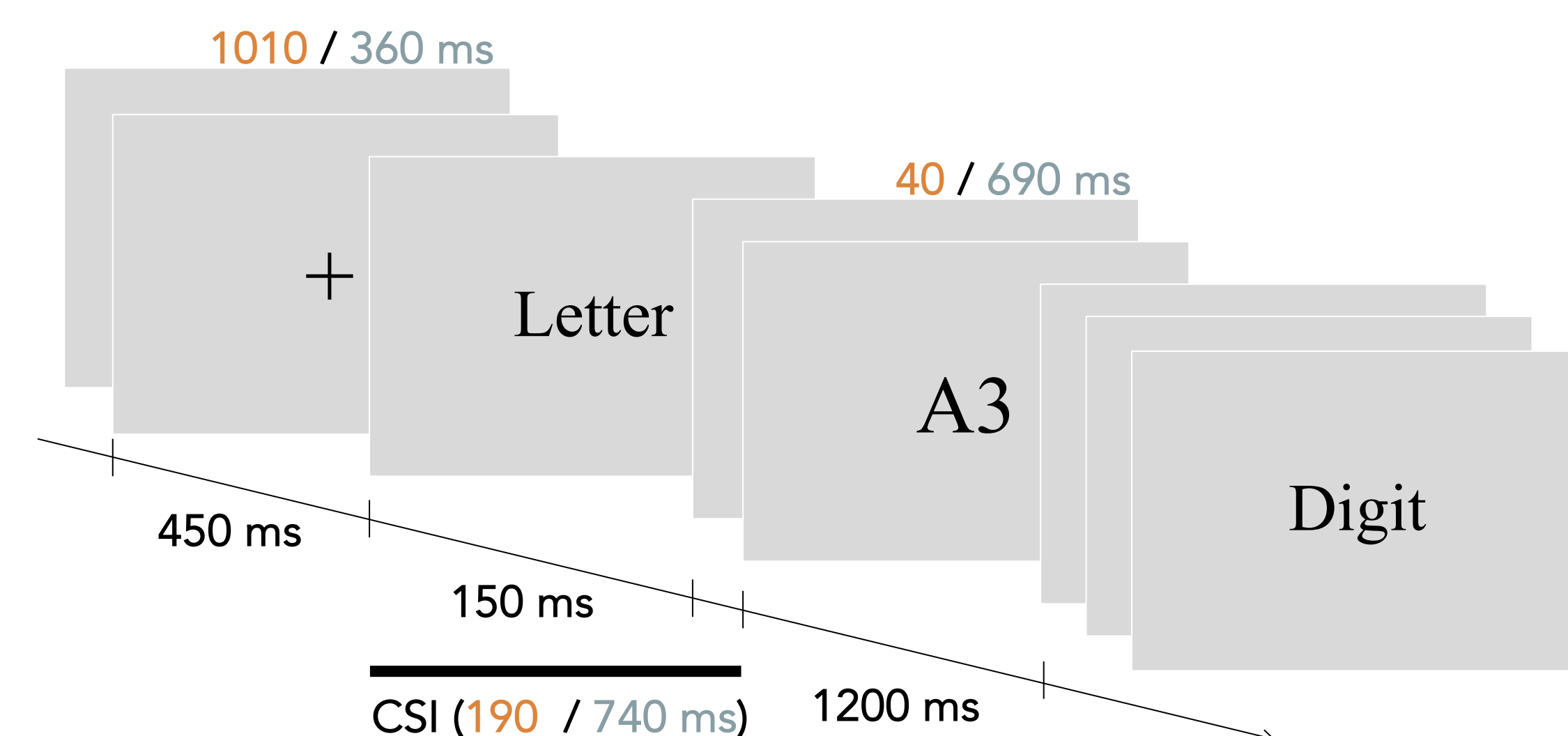
Experiment Questions

- Exp 1: Replicate previous study¹ with added exp controls
- Exp 2: Does the switch proportion effect remain when participants cannot prepare for “that other task”?
- Exp 3: Does the switch proportion effect generalize to an unbiased third task with neutral task associations?

EXP1 Methods

Cued Task Switching Procedure (N = 40)

- 31 trials x 18 blocks
- Trial Type: Switch v. Repeat
- Switch Proportion (3): 30%, 50%, & 70%
- CSI Type (2): **Short** & **Long**

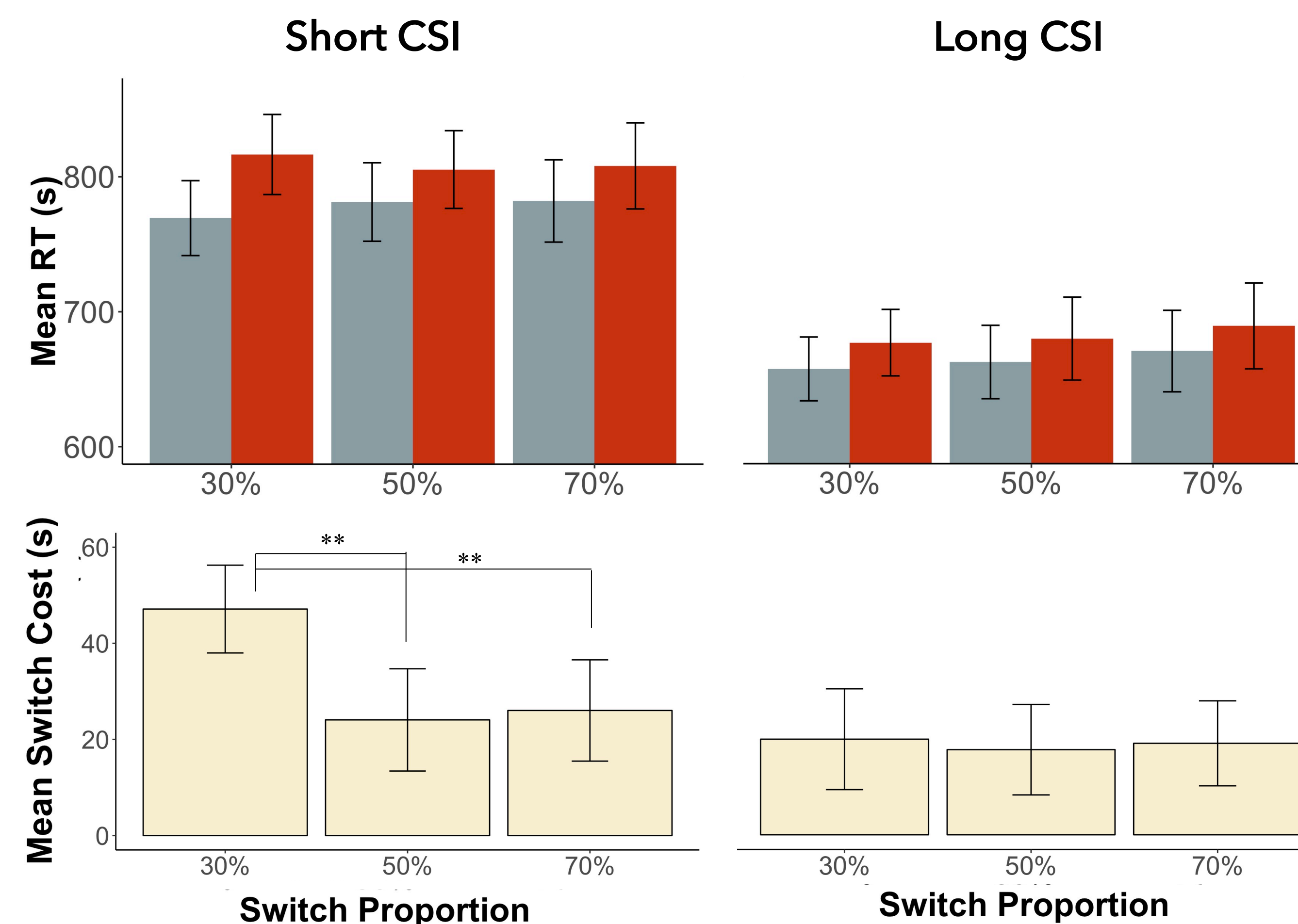


- Letter: Vowel or Consonant?
- Digit: Odd or Even?
- Controlled for cue-repetition

EXP 1 Results

2 (Trial Type) x 3 (Switch Proportion) x 2 (CSI) ANOVA

- Trial Type: $F(1,39) = 83.8, p < .001, \eta^2 = .02$
- CSI Type: $F(1,39) = 316.26, p < .001, \eta^2 = .31$
- Trial Type x Switch Proportion: $F(2, 78) = 4.61, p = .013, \eta^2 = .0009$
- Trial Type x Switch Proportion x CSI Type: $F(2,78) = 4.11, p = 0.02, \eta^2 = .0007$



Switch cost decreases with increasing switch proportion when CSI is short and participants do not have enough time to prepare for the upcoming task based on cue.

Future Directions

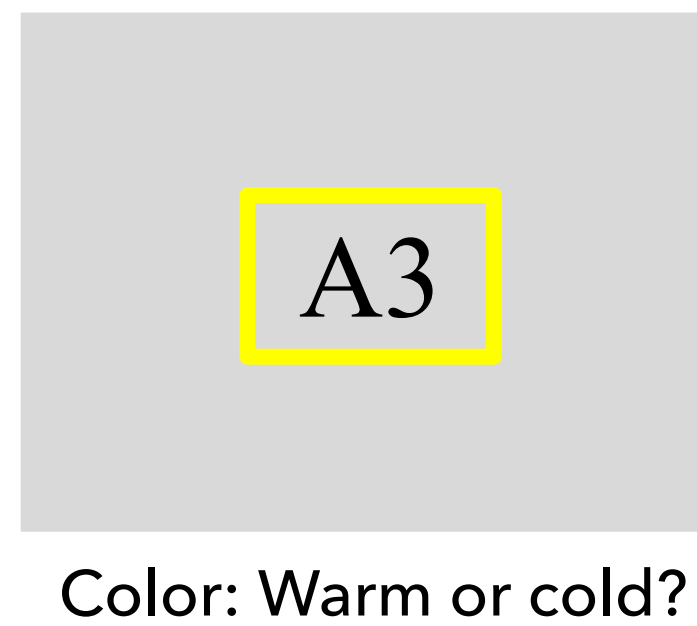
- EEG/ERP
 - Frontal theta oscillations changes during pre-cue period²
- fMRI
 - MVPA analysis to decode task context (switch proportion) from frontoparietal activity patterns³
 - RSA to access trial by trial changes³

EXP 2: Three Tasks

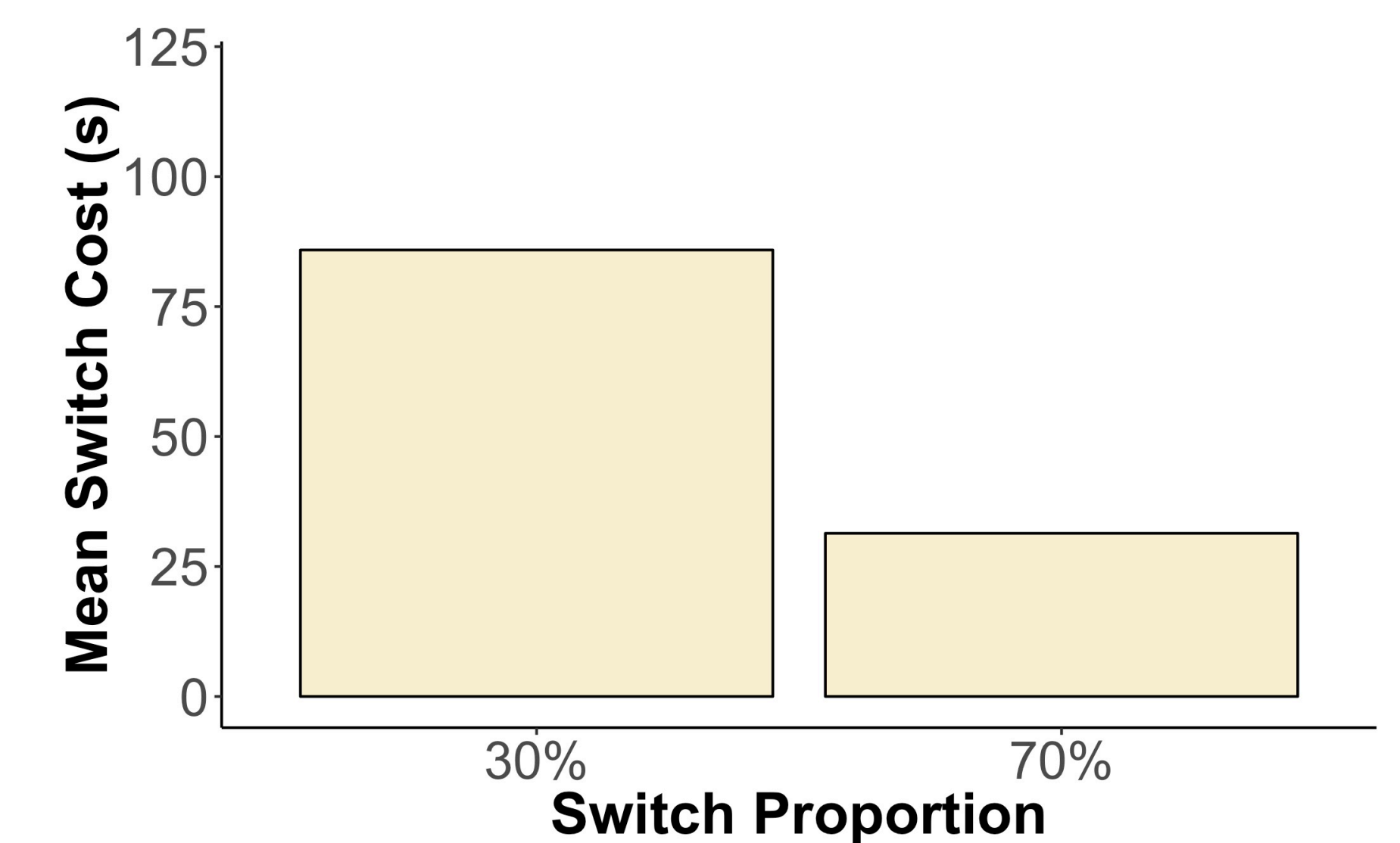
Does the switch proportion effect hold when switching between three tasks?

Cued Task-Switching Procedure

- 31 trials x 10 blocks
- Switch Proportion: 30% & 70%
- 200 ms CSI
- Letter, digit, and color tasks



Pilot Results (N = 4)



EXP 3: Unbiased Third Task

Does the switch proportion effect generalize to a task that is equally likely to be a switch trial as it is a repeat trial?

Procedure

- 30% switch condition (21:9)
 - Task A & B: 8 switch, 2 repeats
 - Task C: 5 switch, 5 repeats
- 70% switch condition (reverse 30%)

References

- Monsell, Stephen, and Guy A. Mizon. “Can the Task-Cuing Paradigm Measure an Endogenous Task-Set Reconfiguration Process?” *Journal of Experimental Psychology: Human Perception and Performance* 32, no. 3 (June 2006): 493–516. <https://doi.org/10.1037/0096-1523.32.3.493>.
- Cooper, Patrick S., Frini Karayanidis, Montana McKewen, Samuel McLellan-Hall, Aaron S. W. Wong, Patrick Skippin, and James F. Cavanagh. “Frontal Theta Predicts Specific Cognitive Control-Induced Behavioural Changes beyond General Reaction Time Slowing.” *NeuroImage* 189 (April 1, 2019): 130–40. <https://doi.org/10.1016/j.neuroimage.2019.01.022>.
- Qiao, Lei, Lijie Zhang, Antao Chen, and Tobias Egner. “Dynamic Trial-by-Trial Recoding of Task-Set Representations in the Frontoparietal Cortex Mediates Behavioral Flexibility.” *The Journal of Neuroscience* 37, no. 45 (November 8, 2017): 11037–50. <https://doi.org/10.1523/JNEUROSCI.0935-17.2017>.